

# VIP Course Schedule – Level 1 Begins July 22, 2025

The course schedule contains the following components:

- Schedule for live lessons
  - Two identical lessons are offered on each date listed below to accommodate varying time zones: 10:00am Central, and 4:00pm Central. Apprentices need only attend one of these two identical lessons on each live lesson date.
- Performance task schedule
- Learning objectives for modules

Lesson	Date	Subjects	Performance Tasks	Related Modules
1	22-Jul-25	<ul> <li>Course Introduction and Basic Safety:</li> <li>Future with construction industry</li> <li>Introduction to the fire sprinkler industry</li> <li>Benefits of safety and reducing hazards</li> </ul>	Course Introduction:  No tasks for this lesson.	00100 18101 00101
2	12-Aug-25	Basic Safety:  Importance of safety Common construction hazards Best practices for safety	<ul> <li>Basic Safety:</li> <li>Properly set up and climb/descend an extension ladder</li> <li>Inspect PPE items and determine if they are safe to use</li> <li>Properly don, fit, and remove PPE items</li> <li>Inspect a typical power cord and GFCI to ensure their serviceability</li> </ul>	00101

Lesson	Date	Subjects	Performance Tasks	Related Modules
3	26-Aug-25	Construction Math:  • Whole and fractional numbers  • Tools for measuring lengths  • Units	Construction Math:  • Using a measuring tape in both English and metric units:  • Measure lumber pieces  • Measure a room-sized space  • Determine a short inside measurement  • Add English measurements that include fractions	00102
4	9-Sep-25	<ul> <li>Hand Tools:</li> <li>Introduction to common manual construction tools</li> <li>Review of manual tools most common for sprinkler fitters</li> </ul>	<ul> <li>Hand Tools:         <ul> <li>Inspect and demonstrate safe and proper use of the following hand tools:</li></ul></li></ul>	00103
5	23-Sep-25	Power Tools:         • Drills, wrenches, and saws         • Tools best suited for different tasks	Power Tools:  • Demonstrate the use of the following tools:  • Electric drill, hammer drill, circular saw, jigsaw, reciprocating saw, portable band saw, etc.	00104
	26-Sep-25	Supervisor P	erformance Task Log Due – Lessons 1-5	
6	7-Oct-25	<ul> <li>Construction Drawings:</li> <li>Different types of drawings</li> <li>Scales, symbols, and elements</li> </ul>	Construction Drawings:  • Using the provided plans:  • Locate the noted items  • Measure the specific rooms and features  • Use an architect's scale	00105
7	21-Oct-25	Basic Rigging:  Use of rigging equipment  Describe various types of rigging equipment	<ul> <li>Basic Rigging:</li> <li>Demonstrate the proper ASME Emergency Stop hand signal.</li> <li>Demonstrate the ability to report the load capacity of a sling, and if the sling is too damaged to use.</li> </ul>	00106

Lesson	Date	Subjects	Performance Tasks	Related Modules
8	4-Nov-25	<ul> <li>Communication and Employability Skills</li> <li>Improve communication skills</li> <li>Using critical thinking</li> </ul>	<ul> <li>Communication and Employability Skills</li> <li>Perform a given task following oral instructions.</li> <li>Fill out a work-related form provided by the instructor.</li> <li>Read and interpret a set of instructions for properly donning a safety harness and then instruct another person on how to don the harness.</li> </ul>	00107 00108
9	18-Nov-25	<ul> <li>Material Handling:</li> <li>Safety precautions for material handling</li> <li>Review equipment for material handling</li> </ul>	<ul> <li>Material Handling:</li> <li>Demonstrate safe manual lifting techniques.</li> <li>Demonstrate how to tie two of the following common knots: square, bowline, half hitch, or clove hitch.</li> </ul>	00109
10	2-Dec-25	<ul> <li>The Sprinkler Industry</li> <li>Occupational overview</li> <li>Begin identification of sprinklers and systems</li> <li>Apprenticeship requirements</li> </ul>	The Sprinkler Industry  No tasks for this lesson.	18101
	5-Dec-25	Supervisor Pe	erformance Task Log Due – Lessons 6-10	
11	16-Dec-25	<ul><li>Components and Systems</li><li>Types of sprinkler systems</li><li>Variety of fire sprinklers</li></ul>	Components and Systems  No tasks for this lesson.	18102
12	6-Jan-26	<ul> <li>Components and Systems</li> <li>Valves for fire sprinkler systems</li> <li>Introduction to fire pumps</li> </ul>	Components and Systems  No tasks for this lesson.	18102
13	20-Jan-26	<ul> <li>Steel Pipe</li> <li>Identify different steel pipes and their standards</li> <li>Methods of joining</li> </ul>	<ul> <li>Steel Pipe</li> <li>Identify different steel pipes and applications</li> <li>Cut and ream pipe.</li> <li>Groove pipe and install grooved fittings.</li> </ul>	18103

Lesson	Date	Subjects	Performance Tasks	Related Modules
14	3-Feb-26	<ul> <li>Steel Pipe</li> <li>Details of flanged and plain-end fittings</li> <li>Reviewing applications</li> </ul>	<ul> <li>Steel Pipe</li> <li>Thread pipe and install threaded fittings.</li> <li>Install flanged fittings.</li> </ul>	18103
15	17-Feb-26	<ul><li>CPVC Pipe</li><li>Characteristics of CPVC</li><li>Joining methods</li></ul>	<ul> <li>CPVC Pipe</li> <li>Clean, join, and install CPVC piping</li> <li>Complete a CPVC manufacturer training course</li> </ul>	18104
	20-Feb-26	-	rformance Task Log Due – Lessons 11-15	
16	3-Mar-26	<ul> <li>Copper Tube</li> <li>Identify different copper tubes and their standards</li> <li>Methods of joining</li> </ul>	<ul> <li>Copper Tube</li> <li>Identify different copper fittings</li> <li>Join copper tube with a soldered joint</li> <li>Join copper tube with mechanical connectors</li> </ul>	18105
17	17-Mar-26	<ul> <li>Piping</li> <li>Reinforcement and comparison of piping materials</li> <li>Uses for different materials</li> </ul>	Piping  No tasks for this lesson.	18103 18104 18105
18	7-Apr-26	<ul><li>Underground Pipe</li><li>Safety guidelines</li><li>Piping and components</li></ul>	Underground Pipe  • Identify underground piping components	18106
19	21-Apr-26	<ul> <li>Underground Pipe</li> <li>Support and restraining systems</li> <li>Trenches</li> <li>Testing requirements</li> </ul>	<ul> <li>Underground Pipe</li> <li>Complete an underground pipe Contractor's Material and Test Certificate</li> </ul>	18106
20	5-May-26	Course Review  • Reinforcement lesson covering all Level 1 material.	Course Review No tasks for this lesson.	All
	19-May-26	Supervisor Per	rformance Task Log Due – Lessons 16-20	

<sup>\*\*</sup>Schedule is subject to change. \*\*

# Level 1

This level is comprised of <u>Core</u>: <u>Introduction to Basic Construction Skills</u>, 6<sup>th</sup> Edition and <u>Sprinkler Fitting</u>: <u>Level 1</u>, 4<sup>th</sup> Edition. The information coordinates with the 2019 edition of NFPA 13. The course is divided into 16 modules. The subjects and their learning objectives are found below.

*Module 00100 Build Your Future in Construction (2.5 hours)* 

- Describe the construction industry.
- Explain the benefits of a construction career.
- Describe the typical career path for craft professionals.
- Identify ways to pursue a career in the construction industry.

#### Module 00101 Basic Safety (12.5 hours)

- Explain the benefits of safety, the cost of workplace incidents, and ways to reduce related hazards.
- Describe common fall hazards and methods to prevent them.
- Recognize and avoid struck-by and caught-in-between hazards.
- Identify common electrical hazards and how to avoid them.
- Associate personal protective equipment (PPE) with the hazards they reduce or eliminate.
- Describe safety practices used with other common job-site hazards.

#### Module 00102 Introduction to Construction Math (10 hours)

- Identify whole numbers and solve basic arithmetic problems with them.
- Name fraction types and calculate with fractions.
- Identify decimal numbers and calculate with them.
- Name the common length-measuring tools and use them to measure lengths accurately.
- Name common length, weight, volume, and temperature units in both the inch-pound and metric systems and convert them into other comparable units.
- Classify angles and geometric shapes, as well as calculating their areas or volumes.

### Module 00103 Introduction to Hand Tools (12.5 hours)

• Name common hand tools and state how to use them.

- Identify common measurement and layout tools and describe how to use them.
- Identify and describe other hand tools common to shops and job sites.

#### *Module 00104 Introduction to Power Tools (10 hours)*

- Identify and explain how to use various types of power drills and impact wrenches.
- Identify and explain how to use various types of power saws.
- Describe the types of jobs best suited to grinders and oscillating multi-tools.
- Identify and explain how to use miscellaneous power tools.

#### Module 00105 Introduction to Construction Drawings (10 hours)

• Describe components and features used in construction drawings and identify how the drawings are different.

#### Module 00106 Introduction to Basic Rigging (7.5 hours)

• Identify and describe various types of rigging slings, hardware, and equipment.

#### Module 00107 Basic Communication Skills (7.5 hours)

- Describe the communication, listening, and speaking processes and their relationship to job performance.
- Describe good reading and writing skills and their relationship to job performance.

#### Module 00108 Basic Employability Skills (7.5 hours)

- Describe the opportunities in the construction businesses and how to enter the construction workforce.
- Explain the importance of critical thinking and how to solve problems.

• Explain the importance of social skills and identify ways good social skills are applied in the construction trade.

#### Module 00109 Introduction to Material Handling (5 hours)

- Identify the basic concepts of material handling and common safety precautions.
- Identify various types of material handling equipment and describe how they are used.

# Module 18101 Occupational Overview: The Sprinkler Industry (5 hours)

- Identify the various types of sprinkler systems and the tools used to install them.
- Identify the codes and standards applicable to sprinkler systems.
- Understand the apprenticeship training process for sprinkler fitters.

#### Module 18102 Introduction to Components and Systems (10 hours)

- Identify the operation of the four main types of sprinkler systems.
- Identify the nationally recognized testing laboratories that are used to evaluate sprinkler system components
- Identify common sprinklers and their operating characteristics.

• Identify different types of piping, valves, and fire pumps.

#### Module 18103 Steel Pipe and Fittings (20 hours)

- Size and select steel pipe.
- Prepare pipe for fittings.
- Groove pipe and install grooved fittings.
- Thread pipe and install threaded fittings.
- Select and install flanged fittings.
- Identify the applications of plain-end pipe fittings.

### Module 18104 CPVC Pipe and Fittings (12.5 hours)

- Size and select chlorinated polyvinyl chloride (CPVC) pipe.
- Cut and join CPVC.
- Install and test CPVC sprinkler systems.

## Module 18105 Copper Tubing and Fittings (10 hours)

- Size and select copper tubing and fittings.
- Describe the process for soldering copper tubing.
- Describe the process for brazing copper tubing.
- Identify mechanical connection methods for copper tubing.

## Module 18106 Underground Pipe (12.5 hours)

- Describe underground piping systems and their components.
- Identify trench safety requirements.
- Describe the installation of underground piping systems.